A CARING STAFF AND DEDICATED BOARD OF DIRECTORS ARE COMMITTED TO MOVING ELDERHELP FORWARD.

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Care Coordinator
Kira Riley
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Shanika Webb
Lead HomeShare Coordinator
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HomeShare Coordinator
Elizabeth Wagner
Program Coordinator

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Chair
Tex Cornwell
Mathew Fink
Cindi Hill
Lisa Luiso
Micah Parzen
Evanne Schulze
Lynn Silva
Karen Walker

HELPING SENIORS AGE WITH DIGNITY
For much of our lives, we rely on older adults to guide, teach, and nurture us. At ElderHelp we honor those older adults by providing care and compassion to those who have long been providers to us.

We do so in many ways. For example, it’s making sure Lydia keeps her monthly doctor’s appointment to monitor diabetes, calling Jackson each morning to talk about his grandchildren, or finding Marcia a reasonable room to rent because her Social Security check no longer covers her cost of living. These are just a few of the nearly 20,000 instances of care provided by ElderHelp staff and volunteers each year.

Never before have seniors faced more challenges, and never before have there been so many in need. Nearly 3 out of 4 San Diego seniors will choose between buying food or paying rent in the next 30 days. 80% have a chronic condition that leads to reduced mobility and isolation.

ElderHelp provides a lifeline to seniors, to not only make ends meet, but also to do it with dignity and independence in their own cherished homes. We can and we do make a difference. By broadening our platform to include on-line courses and webinars, we’re reaching older adults and caregivers where they are and when they need us. By listening carefully to our callers with patience and understanding, we’re providing the best use of resources for very limited budgets.

Thank you to our generous community of supporters. It’s the work of our staff, volunteers, board, community partners, and donors that provide seniors with support to find hope in each new day, knowing they are valued and loved.

With much appreciation,

Deb & Russ congratulate Doug Dawson from Ellen Browning Scripps Foundation at Essence of Life 2018.

Russell Winslow
President, ElderHelp of San Diego

Deborah Martin
CEO/Executive Director

elderhelpofsandiego.org
ELDERHELP OVERVIEW

OUR MISSION
ElderHelp provides personalized services and information that help seniors remain independent and live with dignity in their own homes.

Since 1973 ElderHelp has been meeting the needs of San Diego’s older adult population—providing vital services that make it possible for seniors to live affordably and independently in their homes—where they want to be and where we know they are most comfortable. As the aging landscape evolves, so does ElderHelp. We now serve 36 zip codes across San Diego County and impact the lives of more than 6,500 seniors and their families each year.

Our personalized approach, considering the unique needs of each senior we serve, provides quality delivery of care coordination, transportation, companionship, home safety, and advocacy. We continue to offer these supportive services at no charge to the client, but invite each to contribute as they are able.

VOLUNTEERS MAKE IT HAPPEN
Prior to retirement I worked for the federal government for thirty years, the last fifteen as an accountant. After I retired I wanted to volunteer and give back some to the community. Being a Financial Advocate for ElderHelp falls right into my wheel house.

I enjoy knowing that reviewing mail together helps my senior understand different situations and that helps her with day to day life. We spend time just chatting and I share pictures of my pottery pieces I have made, trips to visit my family in Alaska. Sometimes I even bring my two pups over to say hi. She loves the extras that I do and I love making her feel better and seeing her smile. She knows that I am always there for her.

PROVIDING HOPE

“You didn’t give up on me.”
Just over a year ago, Sylvia was discharged from the hospital for yet another episode of COPD. Living alone, she was overwhelmed with medical bills, rent payments, and having enough to eat. She applied for Medi-Cal, but was denied due to a filing error. Her hospital social worker suggested ElderHelp, and Sylvia immediately saw hope where none existed before. “We knew sorting out Medi-Cal benefits would take a while,” says ElderHelp’s Claudia Gavin, “but just matching Sylvia with a grocery shopper and friendly visitor improved her spirits. We were even able to find a Spanish-speaking volunteer who connects with her in her native language.” It’s taken a full year, but thanks to ElderHelp’s diligence and advocacy, Sylvia is receiving the Medi-Cal benefits she qualifies for. Now she can manage her rent, buy food, and receive the medical help she needs. “I’d be lost without you,” Sylvia tells Claudia. “I’m just so grateful you came into my life.”

The ability to stay in their home is second only to health when older adults are asked their biggest concern.
~The National Council on Aging
ELDERHELP’S ANNUAL COMMUNITY UPDATE

Our staff, board members, stakeholders, and guests come together each fall to review the State of the Agency and discuss current issues affecting seniors and our work.

HOLIDAY ANGELS

Once again our partners at UPS joined volunteers to visit over 300 seniors and personally deliver a festive poinsettia, handmade card and gift card. All enjoyed a morning kickoff featuring vintage UPS vehicles, entertainment and family fun.

LOCAL CORPORATIONS HOST OUTREACH EVENTS

Local corporations keep seniors engaged by hosting birthday parties, holiday gatherings and festive events throughout the year. We extend special thanks to Intuit, The Wright Brothers, Qualcomm, and the SDSU American Medical Student Association.

ESSENCE OF LIFE AWARDS

Each year we gather to celebrate the seniors we serve and honor our supportive community. Held at the lovely Southwestern Yacht Club, Congresswoman Susan Davis warmly greeted our guests and helped us recognize special honorees:

Evonne Schulze–Inspirational Senior
San Diego Gas & Electric–Corporate Partner
Ellen Browning Scripps Foundation–Community Partner
Cathy Ingrassia–Ambassador
Anne Clifford/John Silcox–Volunteer Spotlight
Mahmood Paksima–Cynthia Hansen Client Spotlight

Guests enjoyed live music, hors d’oeuvres, and a heartwarming afternoon of celebration.

---

FINANCIALS

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>FY18</th>
<th>FY17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants &amp; Contracts</td>
<td>353,383</td>
<td>365,144</td>
</tr>
<tr>
<td>Contributions</td>
<td>746,149</td>
<td>1,020,893</td>
</tr>
<tr>
<td>Contributions, In-Kind GAAP</td>
<td>19,751</td>
<td>15,651</td>
</tr>
<tr>
<td>Program Service Fees</td>
<td>28,052</td>
<td>31,335</td>
</tr>
<tr>
<td>Special Events, Net</td>
<td>54,552</td>
<td>51,925</td>
</tr>
<tr>
<td>Investment Income, Net</td>
<td>46,764</td>
<td>61,890</td>
</tr>
<tr>
<td>Other Income</td>
<td>283,209</td>
<td>1,500</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td><strong>1,531,860</strong></td>
<td><strong>1,548,338</strong></td>
</tr>
<tr>
<td>Contributions, In-Kind Other</td>
<td>401,000</td>
<td>312,000</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>FY18</th>
<th>FY17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care Coordination</td>
<td>703,918</td>
<td>607,744</td>
</tr>
<tr>
<td>HomeShare</td>
<td>216,023</td>
<td>186,964</td>
</tr>
<tr>
<td>Seniors A Go Go</td>
<td>161,753</td>
<td>150,706</td>
</tr>
<tr>
<td>Administration</td>
<td>94,948</td>
<td>80,121</td>
</tr>
<tr>
<td>Fundraising</td>
<td>162,057</td>
<td>159,326</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>1,338,699</strong></td>
<td><strong>1,184,861</strong></td>
</tr>
</tbody>
</table>

| Net Income | 193,161 | 363,477 |

*ElderHelp’s 2018 Fiscal Year is July 1, 2018 - June 30, 2018*
**REPORTING RESULTS**

**ElderHelp served 6,536 seniors and their families through all programs and services in Fiscal Year 2018.**

<table>
<thead>
<tr>
<th>CARE COORDINATION</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>19,370 unique instances of care</td>
<td>Through ElderHelp’s Care Coordination Program, seniors receive personalized case management, comprehensive needs assessments, and care planning. We connect them to volunteers and resources for in-home assistance. While 1 in 3 seniors (65+) fall each year, just 1 in 11 ElderHelp clients experienced a fall. With only 2% of our caseload moving into long-term care, we help seniors live in their homes longer by providing advocacy, care, and support.</td>
</tr>
<tr>
<td>384 clients served monthly</td>
<td></td>
</tr>
<tr>
<td>20% decrease in falls</td>
<td></td>
</tr>
<tr>
<td>4% decrease in hospital readmissions</td>
<td></td>
</tr>
<tr>
<td>130 residents of Hotel Sandford receive resources &amp; support</td>
<td></td>
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</tbody>
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<thead>
<tr>
<th>SENIORS A GO GO</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>8,720 rides provided</td>
<td>Seniors A Go Go provides door-through-door transportation for medical and non-medical appointments. Ride requests are at an all-time high, and ElderHelp’s volunteers are answering the call. With over half of our rides devoted to medically related appointments, we prioritize healthcare needs and reduce the likelihood of hospitalization.</td>
</tr>
<tr>
<td>More than 55% of all rides are medically related</td>
<td></td>
</tr>
<tr>
<td>56,000 miles driven</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>HOMESHARE</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,240 advised and supported</td>
<td>A unique roommate matching service, HomeShare provides advice and resources for those in need of affordable housing. HomeShare clients enjoy safe, affordable living arrangements, supported by ElderHelp’s oversight.</td>
</tr>
<tr>
<td>60 ongoing matches maintained</td>
<td></td>
</tr>
<tr>
<td>4.75 years is our average match length</td>
<td></td>
</tr>
<tr>
<td>15 years is our longest match</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>INFORMATION &amp; REFERRAL</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>3,497 benefits counseling calls</td>
<td>We’re not just answering questions. We’re listening to the individual needs of each caller and providing trusted resources and guidance—validating concerns and offering solutions that make a difference.</td>
</tr>
<tr>
<td>30 minutes--average length of calls</td>
<td></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>FAMILY CAREGIVER SUPPORT/OUTREACH</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>620 Outreach activities</td>
<td>Through online learning and onsite education, ElderHelp meets the needs of employed family caregivers, when and where they need support. Partnering with local corporations and groups, we attend health fairs, conduct workshops, and provide tools to connect caregivers with respite, advocacy, and care coordination resources.</td>
</tr>
<tr>
<td>8,208 individuals reached</td>
<td></td>
</tr>
<tr>
<td>12 webinars offered</td>
<td></td>
</tr>
<tr>
<td>5 online courses offered</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>VOLUNTEERS</th>
<th>REPORTING RESULTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>467 direct service volunteers</td>
<td>Our volunteers are the heart of our organization. As “eyes and ears” in the homes of our seniors, they are advocates, advisors, and trusted friends—carefully monitoring the health and well-being of our aging community. Their genuine care and compassion empowers seniors to remain independent and age with dignity.</td>
</tr>
<tr>
<td>102 new volunteers</td>
<td></td>
</tr>
<tr>
<td>14,722 hours donated</td>
<td></td>
</tr>
<tr>
<td>$420,411 value of volunteer hours</td>
<td></td>
</tr>
</tbody>
</table>
We are grateful for the generous support of our community partners.

Premier Partners in Caring

$10,000 - $24,999
Charles A. Frueauff Foundation, Inc. Circle of Angels County of San Diego David C. Copley Foundation Nancy Dix Trust Ellen Browning Scripps Foundation Eugene & Joan Foster Fund at the San Diego Foundation Farrell Family Foundation Kaiser Permanente The Auen Foundation

$25,000 - $49,999
Cushman Foundation Arthur N. Rude Foundation Grossmont Healthcare District

$50,000 - $74,999
Alliance Healthcare Foundation City of Poway

$75,000 - $149,000
Gary and Mary West Foundation

$150,000 to $500,000
Sycuan Resort & Casino

WITH THANKS TO OUR COMMUNITY

Sustaining Partners in Caring

$150,000 to $500,000
The Law Office of Barry D. Mills, PC

$75,000 - $149,000
Gary and Mary West Foundation San Diego Association of Governments San Diego Housing Commission

$50,000 - $74,999
Alliance Healthcare Foundation City of Poway May & Stanley Smith Charitable Trust Southwestern Yacht Club

$25,000 - $49,999
Cushman Foundation Arthur N. Rude Foundation Grossmont Healthcare District

$3,600 - $9,999
Nicole & Blake Darling De Falco Family Foundation Dr. Seuss Foundation Terry Filippi Cindi Hill Heller Foundation of San Diego Lions Club of San Diego Opus Community Foundation Gerald & Christa Reynolds Samuel and Katherine French Fund SDBG&E-Sempra Energy Utility Dr. Paula Tallal Place Teagland The Mirandon Foundation for Hope, Inc. Nordson Corporation Foundation Sundt Foundation Turk Family Foundation Walter and Betty Marek Charitable Fund Wells Fargo Foundation Jeffrey White

Partners in Caring

$1,000 - $3,599
A Better Solution in Home Care & Nursing Anonymous Fund at the San Diego Foundation

Premier Partners in Caring

$10,000 - $24,999
Charles A. Frueauff Foundation, Inc. Circle of Angels County of San Diego David C. Copley Foundation Nancy Dix Trust Ellen Browning Scripps Foundation Eugene & Joan Foster Fund at the San Diego Foundation Farrell Family Foundation Kaiser Permanente The Auen Foundation
Our Legacy Partners

We recognize ElderHelp’s Legacy Partners—individuals, couples, and families who have remembered ElderHelp in their estate plans. This dedicated group of people have made the commitment to support ElderHelp perpetually. The foresight of our Legacy Partners secures ElderHelp’s services for future generations of seniors and their families.

We thank our Legacy Partners for their support:

- William & Earnestine Edwards
- Eric & Susan Ehrenfeld
- Deborah C. Ellis
- Robert & Dorothy Epstein
- Michelle Erickson
- Erik Erwin
- Veronica Esquer
- Lu Anne Evenson
- Denise Fallon
- George & Katariina Farrand
- Leanne Feessler
- Dana Feuling
- Fifty Seven Degrees
- Harold & Ingrid Fischer
- Michael & Pamela Foley
- Albert & Gladys Folkman
- Janice Fox
- Susan Fox
- Amy Jo Frank
- Michael Franz
- Noelle Frizzell
- Alejandro Galiano
- Joe Garbanzos
- Maureen Garcia
- Theresa George & Kelly Davidson
- Mary Gibson
- Richard Gilb
- Donna Glenn
- Robert & Ruth Goldman
- Ryan Gomes
- Ashlee Gora
- Patricia Gordon
- David & Marlene Gotz
- May Guild
- Jeff Graham
- Eric & Nancy Graves
- Roland Gray
- David Gray & Sarah White
- Susan Guinn
- Hahn Loesser & Parks LLP
- Kenneth Hamlin
- Maggie Hannegan
- Linda Harshberger
- Jason Hartley
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- Jill Hasselquist
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- Steven Henry
- Stephen Heroux
- Carol Herr
- Jack E. Hieshelter
- Capt Francis M Highly
- Tameron Hodges
- Ann Hoepner
- William & Carol Holman
- Andrew Holmes
- Elizabeth Holston
- Josh Hopper
- Michelle Horst
- Brendan Hutchinson
- Erik Idaeta
- Dom & Toni Ingrasia
- J.S. James
- Drew Jensen
- Jewish Federation of Cleveland
- Warren Johnson
- Marcy Kalluschi
- Kelsey Kammeraedd
- Valerie Kane
- K. E. Kane
- Carmen Kasner
- Heather Kikel
- Sally King
- Betty King
- Jerry & Ellen King
- Suzanne King
- Rosa Kirkland
- Ken Knara
- Marci Ann Knoles
- Jo Ann Knutson
- Allan R. Kosup
- Annikia Kovtun
- Stephanie Kozak
- Virginia Dolan Kuhle
- Elizabeth Kuhn
- Thomas & Elizabeth LaHay
- Paulette LaSalle & David Crozier
- Suzette LaSalle
- Katharine Law
- Paula Lawrence
- B. G. Leat
- Carole Leavengood
- Priscilla Leyva
- Yanin Li
- S. Joy Liao
- Rachel Lind & Sean Lewis
- Jason Lindner
- Crystal and Drake Little
- Mele Llanes
- Love Right Home Care Referral
- Agency
- Lisa Lovren
- Steven & Nicole Ludwig
- Birgit Luehrsken
- Syndi Lyon
- Paul Manganelli
- Phyllis Marion
- Megan Mayall
- Roni Mayben
- Robert & Barbara McBride
- Megan McBride
- Marilyn M McCaskey
- Frank McDermott
- Patty McKay
- Joseph McQuaide
- Alison Metzner
- Jennifer Mendoza
- Kent Mitchitsch
- Margaret Miles
- Hal & Cristina Minsky
- Mission Hills Garden Club
- Mitchell International Inc.
- Bill & Patty Moises
- Paula Morgan
- Lynn Murray
- Bill Murray
- Michael Muse-Fisher
- Charylene & Raymon Nader
- Karol Nations
- Jorge Navarro
- Ralph & Anne Neiger
- Mike and Amy Nelson
- Maria Nieto Senour
- Carl Nuffer
- Eric Olsen
- Nikki & Bill Ostrem
- Larry Oviatt
- Melody Padget
- Nadine Padilla
- Edward Parker
- Phylis Pascoe & Andrew Castiglione
- Marianne Patch
- Ryan Perry
- Shannon Pesce
- Sharon Petrarca
- Kelli Ann & Douglas Politooske
- Paula Potter
- Adrienne Prezzanno
- Eve Pritchard
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- Dan Riedler
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- Edwin & Hildegard Saalfeld
- Juliet Saltman
- San Diego Oasis
- Nancy Sasaki
- James Schalit
- Evonne Schulze
- Brad Schuman
- Rosalie Schwartz
- Evelyn Schwarz
- Leo & Frances Scuio
- A. Simon
- Raymond & Lena Smith
- Alice Smith
- Lisa Smith
- Janet Smith-Lowrey
- Eric Snow
- Denise & Mark Stevens
- William Strickland
- Michael Strong
- Thomas Stuebe
- Robin Sutton
- Ben Swearingen
- Linda Swenberger
- Symantec Corporation
- Kaitlin Taff
- Nancy Taff Fletcher
- Janet Tajailte
- Bruce Taub
- Valerie Tehan
- The Clay Company
- The Eisenberg Oberman Fund of the Jewish Community Foundation
- The Vertex Foundation
- Eloise F. Thomas
- Tierrasanta Lutheran Church
- United Way California Capital Region
- United Way of Greater Los Angeles
- Maria Valdivia
- William Van Ert
- Andrea & Jim Van Franken
- Julie Vargo
- Alex & Jacy Velez
- Priscilla & Ronald Vera
- Tim & Tina Volzer
- John Vorwerk
- Julia Walden
- Karen Walker
- Stafford & Sandra Walker
- G. Jay Walker
- Laura Walker
- Carol Waltz
- Elizabeth Ward
- Kat Watts
- Chris Weisbrod
- Shirley K. Wehrs
- Eric White
- Mary Ruth White
- Darlene Wherley
- David Wiener
- Debbra & James Wightman
- Carol Wilkinson
- Jim & Madeline Williams
- Elizabeth Winant
- Trisha Winborne
- William & Laura Winslow
- Suzanne Winslow
- Lisa Winslow
- David & Linda Wood
- Julianne Wissner
- Laura Withrow
- Susan Wright
- Robert & Barbara Witzel
- Davonne Wofford
- Craig Wright
- Don Wood
- Susan Wood
- James Workman
-cedure
- Peter Wyland
- Bruce Wyman
- Nancy Wyman
- Robert Wyman
- Thomas Wyman
- Martha Yarbrough
- Emily Yarbrough
- Thelma Year
- Susan Yelton
- John Yosemite
- Brian Yost
- Tom Young
- Karen Yard
- Mary Jane Yeager
- Gabriel Yebarian
- Sherry Yeakley
- Peter Yeager
- Paula Young
- Mark Youngblood
- Karen Young
- M. Lynne Youle
- Rhonda Zier
- Robert Zier
- Miriam Zieren
- Nancy Zieren
- Gary Zieren
- Edward Zieren
- Dorothy Zieren
- Linda Zieren
- John Zieren
- Paul Zieren
- Jennifer Zieren
- Mary Zieren
- Lisa Zieren
- Susan Zieren
- Robert Zieren
- John Zieren
- Paul Zieren
- Jennifer Zieren
- Mary Zieren
- Lisa Zieren
- Susan Zieren
- Robert Zieren
- John Zieren
- Paul Zieren
- Jennifer Zieren
- Mary Zieren
- Lisa Zieren
- Susan Zieren

Legacy Partners—Paying It Forward

With a combined 30 years as ElderHelp volunteers, John and Anne know they make a difference to this special population. That’s why they’ve included ElderHelp in their legacy plans.

“We are proud to play a little part in the success story that is ElderHelp and the idea of paying it forward is just the right idea for all of us.”

- Lucille Aliar
- Mary T. Anderson
- Elizabeth Arnold
- Natalie Blackburn
- Bob Bush
- Majorie Cheek
- Lucille Aliar
- Mary T. Anderson
- Elizabeth Arnold
- Natalie Blackburn
- Bob Bush
- Majorie Cheek
- Maida Cooper
- Catherine “Kay” Jattros Miller
- Ina Daugherty
- Hilda L. Seyboth
- Nancy Dix
- Walter Seymour
- Hazel Hall
- Miriam Stevens
- Cyntia Hansen
- Peggy Majomot
- Sean Swearingen
- Linda Swenberger
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- Shirley K. Wehrs
- Eric White
- Mary Ruth White
- Darlene Wherley
- David Wiener
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- Trisha Winborne
- William & Laura Winslow
- Suzanne Winslow
- Lisa Winslow
- David & Linda Wood
- Julianne Wissner
- Laura Withrow
- Susan Wright
- Robert Wyman
- Davonne Wofford
- Craig Wright
- Don Wood
- Susan Wood
- Robert Wyman
- Thomas Wyman
- Martha Yarbrough
- Emily Yarbrough
- Thelma Year
- Susan Yelton
- John Yosemite
- Brian Yost
- Tom Young
- Karen Yard
- Mary Jane Yeager
- Gabriel Yebarian
- Sherry Yeakley
- Peter Yeager
- Paula Young
- Mark Youngblood
- Karen Young
- M. Lynne Youle
- Rhonda Zier
- Robert Zier
- Miriam Zieren
- Nancy Zieren
- Gary Zieren
- Edward Zieren
- Dorothy Zieren
- Linda Zieren
- John Zieren

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VOLUNTEERS GIVE SO MUCH TO ELDERHELP
THANK YOU TO ALL OF OUR DEDICATED VOLUNTEERS. WE TRULY APPRECIATE EVERYTHING YOU DO FOR US.

Judy Abbott
Crystal Abraham
Jeanne Aguilar
James Alessandrino
Johnathan Alessio
Thomas Alexander
Gheety Alahi
Sheri Allen-Saunders
Victoria Alvarez
Brian Amstadter
Elizabeth Anderson
Jean Anderson
Michael Appelman
Alina Burgi
Rebecca Brudnok
Hannah BruBaker
Lori Brown
Kim Bozart
Linda Bonomo
Cheryl Bolovits
Bonne Baumann
Hilary Blake
Kienan Bjorklund
Ava Bhavsar
Jennifer Bergstrom
Vincent Berardi
Bobbi Barlin
Glenda Avance
Michael Appelman
Elizabeth Amstadter
Brian Amstadter
Sherri Allen-Saunders
Gheety Allahi
Thomas Alexander
Johnathan Alesso
Yvonne Aguilar
Jeanna Aguilar
Kathryn Alexander
Johnathan Alesso
Yvonne Aguilar
Jeanna Aguilar
Kathryn Alexander
Johnathan Alesso
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SAFE, RELIABLE RIDES—GREAT PEACE OF MIND

Waiting outside for her Seniors A Go Go volunteer, Maggie shares, “ElderHelp has been a blessing in my life, and I don’t know what I’d do without your help.” Born in Indiana, Maggie moved to San Diego in 1968. “I just needed more sunshine!” As a county social worker, Maggie spent most of her career helping others access the benefits they needed. But years of lifting heavy boxes of paperwork took its toll, and Maggie is no longer able to drive. She found ElderHelp five years ago through an online search. “I hated always asking my friends for rides, but I need to get to the doctor, and I like to go to Bible Study on Tuesdays. ElderHelp’s volunteers are so friendly and reliable,” smiles Maggie. “It gives me great peace of mind to know that I’m safe with each volunteer driver and won’t be late to my appointments. Actually I enjoy the conversations as much as I enjoy the rides!”

Providing over 8,700 rides last year, Seniors A Go Go volunteers safely delivered seniors to doctor’s appointments, the grocery store, social engagements and more.

SENATOR TONI G. ATKINS NAMES ELDERHELP DISTRICT 39’S NONPROFIT OF THE YEAR

We were honored to travel to Sacramento to accept the honor of 2018 California Nonprofit of the Year from Senator Toni G. Atkins. “I am pleased to honor ElderHelp as Nonprofit of the Year in my district,” said Atkins. “As our population ages, we need people and organizations to assist our seniors with dedication and compassion. ElderHelp’s team sets the perfect example, and I am grateful to them for their service to San Diego.”